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MEDIA Release

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Date:

September 13, 2010

Four local programs nominated for the Upper Midwest Chapter Regional Emmy® Awards

Northern Dakota County Cable Communications Commission (NDC4) and Town Square Television are proud to announce nominations in four categories for the Upper Midwest Chapter Regional Emmy® Awards.

The local news program *Insight* 7, produced by Mark DeJoy and Dennis Rafftery, is nominated as a complete program. A single story, entitled "On the Green," from *Insight* 7 is also nominated. "On the Green" is a story about a local golfer, Spencer Nelson, who golfed until he was 100 years old. *Insight* 7 features news, sports, recreation, history and community stories focused on the cities of Inver Grove Heights, Lilydale, Mendota, Mendota Heights, South St. Paul, Sunfish Lake, and West St. Paul. The show can be seen daily on Community Channel 14 and also online at www.townsquare.tv.

Girl Talk is produced by Kimberly Blackford. Girl Talk is a monthly half-hour program that is both educational and entertaining to women of all ages and focuses on issues that effect today's female population. This show can be seen daily on Community Channel 14 and is online at www.townsquare.tv/girltalk.cfm.

Capitol Close-Up was a special program produced by Dennis Rafftery in February 2010 with a behind the scenes tour of the MN State Capitol hosted by District 39 legislators Senator Jim Metzen, Representative Rick Hansen, and Representative Joe Atkins. This show is available online at www.townsquare.tv.

The Upper Midwest Chapter of the National Academy of Television Arts and Sciences is a membership organization dedicated to excellence in television by honoring exceptional work, past and present; providing professional development and outreach, and nurturing the next generation of television professionals. The 2010 Regional Emmys® will be presented at a ceremony in Minneapolis on September 25th.

NDC4 is a joint powers cooperative formed by its seven member cities to administer and enforce the cable television franchise ordinance for each of the seven cities. NDC4 is the local franchise authority representing cable subscribers' consumer interests, and also overseeing seven

local community access channels on the Comcast cable system. Town Square Television is a non-profit organization producing local television programs and providing access to video production equipment, studios, training, and cable television channel time for community members who wish to televise their own programs. For more information, call 651-451-7834, or go to www.townsquare.tv.