MEDIA Release

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Four local programs nominated for the
Upper Midwest Chapter Regional Emmy® Awards

Northern Dakota County Cable Communications Commission (NDC4) and Town Square
Television are proud to announce nominations in four categories for the Upper Midwest Chapter
Regional Emmy® Awards.

The local news program Insight 7, produced by Mark DeJoy and Dennis Rafferty, is
 nominated as a complete program. A single story, entitled “On the Green,” from Insight 7 is also
 nominated. “On the Green” is a story about a local golfer, Spencer Nelson, who golfed until he
 was 100 years old. Insight 7 features news, sports, recreation, history and community stories
 focused on the cities of Inver Grove Heights, Lilydale, Mendota, Mendota Heights, South St.
 Paul, Sunfish Lake, and West St. Paul. The show can be seen daily on Community Channel 14
 and also online at www.townsquare.tv.

Girl Talk is produced by Kimberly Blackford. Girl Talk is a monthly half-hour program
 that is both educational and entertaining to women of all ages and focuses on issues that effect
 today’s female population. This show can be seen daily on Community Channel 14 and is online
 at www.townsquare.tv/girltalk.cfm.

Capitol Close-Up was a special program produced by Dennis Rafferty in February 2010
 with a behind the scenes tour of the MN State Capitol hosted by District 39 legislators Senator
 Jim Metzen, Representative Rick Hansen, and Representative Joe Atkins. This show is available
 online at www.townsquare.tv.

The Upper Midwest Chapter of the National Academy of Television Arts and Sciences is
 a membership organization dedicated to excellence in television by honoring exceptional work,
 past and present; providing professional development and outreach, and nurturing the next
 generation of television professionals. The 2010 Regional Emmys® will be presented at a
 ceremony in Minneapolis on September 25th.

NDC4 is a joint powers cooperative formed by its seven member cities to administer and
 enforce the cable television franchise ordinance for each of the seven cities. NDC4 is the local
 franchise authority representing cable subscribers’ consumer interests, and also overseeing seven
local community access channels on the Comcast cable system. Town Square Television is a non-profit organization producing local television programs and providing access to video production equipment, studios, training, and cable television channel time for community members who wish to televise their own programs. For more information, call 651-451-7834, or go to www.townsquare.tv.